





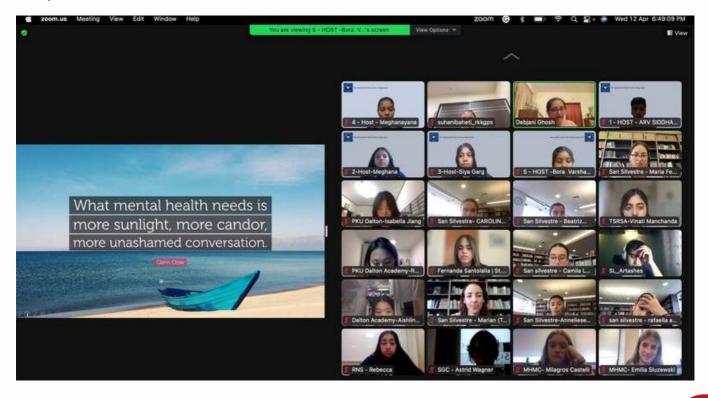
A peep into the activities of the month

The Hyderabad Public School, Hyderabad
(RS Zoom Postcard)

"What mental health need is more sunlight and more candid conversation" - rightly said by Glenn Close.

Seven students - Diksha Rajpurohit, Ojaswini Rathore, Suhana Sancheti, Shruti Rathi, Rani Patawari and Deeksha Garg with their Student Adult Incharge Suhani Baheti participated in The Hyderabad Public School Postcard Call on 12th April from 6:30pm till 8: 00 pm. It was a 90 minute call with the theme, "Mindfulness: the secret of effective self care." Students from over 6 countries, 11 schools and 60 participants participated in the call.

The call started by a briefing on the discourse of the wheel of wellness and selfcare by Ma'am Debjani Ghosh, who explained the participants everything in detail. All the attendees were then allocated separate barazza rooms, where there was a questionnaire session of diverse practical questions like, what do we do when we feel sad? How do we cope up? and further more. After the barazza session, everyone asked ma'am Ghosh questions about mental health & fulfilment of self care. With that, the call ended, providing the delegates with this opportunity, to be really honest with themselves. This postcard had all that the children needed to find for true happiness and mindfulness.





## Inter Cultural Exchange Program - 2023 (Hosting) (under the aegis of AFS India)

### If everyone is moving forward together, then success takes care of itself. - Henry Ford

Resonating with these words, a successful Inter Cultural Exchange Program (under the aegis of AFS India) was held in Rajmata Krishna Kumari Girls' Public School from 10th to 17th April 2023 which set a great example of camaraderie and togetherness. A total of six schools participated in this exchange namely namely Amity International School, New Delhi (Amity Group of Schools), Maa Anandmayee Memorial School, Raiwala (Dehradun), Pinegrove School, Solan, Dharampur (Himachal Pradesh), Queens' College, Indore (Madhya Pradesh), Scindia Kanya Vidyalaya, Gwalior (Madhya Pradesh) & Viraj Shri Ram Centennial School, Boisar (Maharashtra). This week-long exchange offered a bouquet of adventures to young delegates and they first hand experienced the hospitality of Rajasthan.

**Day 1** of the exchange was a relaxed one that included the arrival of all the teams, ice breaking session and talent hunt. Additionally squash and swimming seasons were organised which was thoroughly enjoyed by all the participants. The highlight of the day was the scrumptious royal thali.

**Day 2** included sightseeing at majestic Mehrangarh Fort and marvellous Umaid Bhawan Palace. This day also included workshops on Dance and Music for all the participants.

Day 3 was the day of the special assembly; all the wonderful participant schools were formally introduced in the assembly which was followed by a series of workshops on Western Dance, Ghoomar and Western Music. Participants also continued with their Squash and Swimming sessions. The day concluded with a heritage walk in the blue city, where children saw Toorji ka Jhalra and visited Pal Haveli.

**Day 4** was an exciting day when children visited Mandore and Osiyan and totally immersed themselves in the culture of Rajasthan. The highlight of the day was the Jeep Safari and Camel Ride. The day ended with a visit to National Handloom.

**Day 5** began with a visit to Shekhawati Arts, where children learned the intricacies of the art of Rajasthan which was followed by the Principal's Dinner in the evening at the Umed Club, and the glittering evening concluded with the DJ.

The Day 6 and 7 included a visit to the Chemical plant, Map of India, Rajasthani Art Club, Vinod Vastralaya and ended with a Treasure Hunt and a full filled Pool Party. On the last day, the participating schools witnessed the Investiture Ceremony of RKKGPS, followed by their scheduled departures. In a nutshell, it was a wonderful learning experience that will always be cherished. Sincere thanks to the entire team and all the teachers who collaborated to create this outstanding exchange program.





#### **Investiture Ceremony 2023-24**

The Investiture Ceremony of RKKGPS for the session 2023 -24 was held on 17th April 2023 with great fanfare. Echoing the ethos of leadership, camaraderie and teamwork, Rajmata Krishna Kumari Girl's Public School selected a Committee of 17 Council Members who are now the torch bearers and the representatives of the school. The Chief Guest of the Ceremony was Brigadier Arjun Singh Rathore, the role model for many, known for his unwavering dedication and selfless service of 34 years. Very passionate and committed, he was commissioned into the Indian Army in June 1989 and has served in both the eastern and the western borders of the country. The esteemed Chief Guest was given a ceremonial welcome and was escorted by the pilots, Natasha Misra and Laxmi Bishnoi. The Chief Guest was introduced to the audience by the Dean Academics Senior, Mrs Seema Baxi and was presented with School's Crest by the Principal Mrs. Neera Singh. She administered the oath of office to 9 houseless members. The House Master of Sri Ambika House – Mr Awadhesh Pathak, The House Mistress of Sri Bhawani House – Mrs Asha Bajpai, The House Mistress of Sri Durga House – Ms Neetu Kheechee and The House Mistress of Sri Shakti House -Mrs Vani Jangid administered the Oath to the Captain & Vice Captain of their respective houses. The Council took pledge to hold the School Motto of 'Gynam Brahma' - 'Schooling for life' & be impartial & honest in discharging their duties. Honourable Chief Guest congratulated the 17 proud badge holders of RKK & motivated them to be the best versions of themselves and encouraged them to never hold back on their dreams and aspirations. The distinguished presence of Brigadier Arjun Singh Rathore, parents and grandparents made the occasion even more special for the council members.

#### Student Council Members 2023-24:

- 1. Head Girl Nikita Vijayan
- 2. Vice Head Girl Satakshi Sati
- 3. Sports Captain Udita Singh
- 4. Sports Vice Captain Surbhi Udawat
- 5. Hostel Prefect- Diksha Rajpurohit
- 6. Hostel Coordinator Sushila Bishnoi
- 7. Council Secretary Divya Vishnoi
- 8. Cultural Secretary Shreeaa Rathi
- 9. Student Welfare Secretary Suhani Baheti
- 10. Captain Sri Ambika House Nehal Gehlot
- 11. Vice Captain Sri Ambika House Doyal Khandelwal
- 12. Captain Sri Bhawani House Eva Mehta
- 13. Vice Captain Sri Bhawani House Ishika Gumasta
- 14. Captain Sri Durga House Shruti Rathi
- 15. Vice Captain Sri Durga House Jayani Singh Tomar
- 16. Captain Sri Shakti House Jaya Sankhla
- 17. Vice Captain Sri Shakti House Avantika Mishra

The Prefects were brimming with pride and exuded an aura of panache and excellence. The Ceremony was concluded by the School Choir singing School Anthem with great zeal and enthusiasm and thus filling each and every RKKian's heart with pride and joy. Good wishes to the newly elected council members for a fruitful tenure, with the hope that they will work well together to make a difference and honor their Alma Mater.



## **Inter House Tennis Competition – Seniors**

Event Date: 15th April 2023

#### **Overall House Positions were:**

1st Position – Sri Ambika House 2nd Position - Sri Shakti House

3rd Position - Sri Durga House

4th Position - Sri Bhawani House

Best Player - Prachi Jain X-B from Sri Ambika House

#### **Result - Team Event**

#### 1st Position - Sri Ambika House

- Prachi Jain X-B
- Pari Kachhawaha VIII-A
- Aditi Jaju IX-B

#### 2nd Position - Sri Shakti House

- Jinal Manihar X-B
- Priyal Jain IX-B
- Hiya Rathore IX-B

#### 3rd Position - Sri Durga House

- Mayurakshi Nathawat X-C
- Reet Mehta IX-A
- Dhruvika Singh IX-D

#### Result - Individuals

- 1st Position Prachi Jain X -B from Sri Ambika House
- 2nd Position Pari Kachhawaha VIII-A from Sri Ambika House
- 3rd Position Priyal Jain IX-B from Sri Shakti House





### 4TH Senior Inter House Shooting Championship

### **Date** - 15th April 2023

#### **Overall House Wise Position Were:**

1st Position - Sri Bhawani House

2nd Position - Sri Shakti House

3th Position - Sri Ambika House

4th Position - Sri Durga House

Best Player- Rana Sakshiba of XII-C from Sri Bhawani House 191\200.

### final Results:

#### 1st Position-Sri Bhawani House- Total Score 696\800

1.Rana Sakshiba - XII-C (191\200)

2.Malvika Singh - X-C (173\200)

3.Sanika Gehlot - XII-D (162\200)

4. Pranjal Aadtiya - X-C (170\200)

#### 2nd Position -Sri Shakti House Total Score 692\800

1.Mahi Chopra - XII-D (176\200)

2.Unnati Shekhawat - IX-C (173\200)

3.Aksha Pathan - XII-B (170\200)

4.Muskan Jakhar - XII-A (173\200)

#### 3rd Position - Sri Ambika House - Total Score 669\800

1. Palak Kanwar - XII-D(185\200)

2. Reena Rathore - XII-A (160\200)

3. Adwitiya Saxena - IX-B (158\200)

4. Priyamwada Singh Rathore - XI B (166\200)





## Inter House English Debate Competition (Seniors : Classes XI & XII)

The English Department of Rajmata Krishna Kumari Girls' Public School organized an Inter House English Debate Competition for Classes XI and XII on 17th April 2023 at 10.30 am in the New Library. The event was the first Inter House event of the academic session 2023-24, where the students of Classes X, XI and XII witnessed the competition. For a conventional debate, the topic for Class XI was "The strength of an individual is characterised more by the moral courage than the physical strength", wherein two students from each house spoke in favour and against the motion respectively. For Class XII, a student from each house participated for the Turncoat Debate on the topic "The Indian government's initiative to set up foreign university is a predatory practice". The participants were judged by three esteemed judges and subject experts namely:

- 1. Mrs. Purnima Surana, PGT English, Central Academy, Chopasni, Jodhpur
- 2. Mrs. Bindhu Mathew, Microbiologist and an avid Debator.
- 3. Ms. Neeta Sharma, TGT English, St. Patrick's School, Jodhpur

The judges evaluated the debaters on the basis of content, delivery, development of argument and presentation. The judges also gave an insight to the debaters with their valuable words. Moreover, comperes captivated the audience with their exemplary words and oration. In conclusion, Mrs. Sandhya Mudgal, one of the event organizers declared the results which are as follows:

#### Results as follows:

- 1st Best Speaker: Sheetal Johari of Class XII from Sri Bhawani House.
- 2nd Best Speaker: Shreya Parakh of Class XII from Sri Shakti House.
- 1st Best Speaker: Mehayee Kavia of Class XI from Sri Shakti House
- 2nd Best Speakers: Lavina Bhawnani of Class XI from Sri Durga House & Tulika Harshavardhan of Class XI from Sri Durga House.

Hence, with the compilation of the Overall Result, Sri Shakti House won the Trophy.





## Inter Cultural Exchange Programme with Queens' College, Indore (Sending)

### Someone rightly said "Exchange isn't a week or a year in your life, its a LIFE in a week or a year."

On 16th April 2023, a team of Rajmata Krishna Kumari Girls' Public School, Jodhpur left for their Inter Cultural Exchange Program (under the aegis of AFS India) to Queens' College, Indore from 17th to 22nd April 2023 and stayed there till the 22nd April (Saturday) 2023. The 11 Student participants were – Nabiha Siddiqui, Rakshita, Paridhi, Lakshita Golecha, Pranjal, Lavanya Balar, Siddhi Kumari, Urvashi Rathore, Charvi Abba, Chinmayi Abba, Somya Singh and their Teacher Escort Ms Amba Singh Jhabua.

The students were made to visit almost each and every corner of Indore. From visiting the Phoenix Citadel Mall where girls relished doing the shopping to the amazing Lippan Art session where the girls actually created beautiful pieces of artwork, each and every day was action-packed and extremely satisfying. They also had a couple of visits to temples such as – Mahakaleshwar Temple & Mangalnath Temple in Ujjain, Gomath & Giri Jain Temple, Annapurna Temple & Gopal Temple. They explored the historical places of Indore such as -Lal Bagh Palace, Chatri & Rajwada followed by delicious dinner in Sarafa. Students also had a great time exploring the delicious delicacies of the heart of Indore "Chhappan". The team also had a great time in Mandu – biggest fort in India, where they learnt a lot about Malwa's culture & heritage. It was also refreshing to walk around the lush green trees of Bilawali Lake and also to do the early morning trek in Ralamandal. RKK's girls also got the opportunity to visit an educational centre in Indore – "Manav Chetna Vikas Kendra", where they learnt about a different type of education – Home schooling, how it is important to have "human-to-human connection", "human to nature connection" and the "importance of life skills" in today's world. The team of RKKGPS also gave a marvellous "Intercultural Dance Presentation" where girls performed on medley of songs – Ghoomar and Baju band ri Loom to represent Ghoomar dance and their Rajasthani roots. In the Queens' College Residential campus, the stay was very comfortable. The school really took good care of the team and made sure that they had a wonderful time in Indore. RKK students made many friends over there and learnt a lot during this one week trip. By the end of the trip, the girls became more confident, learnt time management, discipline, adaptability and leadership skills which will help them in their future endeavours.





## Cate School, USA (RS Zoom Postcard)

"The purpose of life is to live it, to taste experiences to the utmost, to reach out eagerly and without fear for newer and richer experience." **Eleanor Roosevelt** 

This was exactly the aim and mission when a delegation of six students, Mayurakshi Nathawat, Aadyaa Vivek, Priyal Jain, Anadya Jain, Gauree Singh, Virika Mehta with their Student Adult Incharge - Prachi Jain attended the International RS Postcard hosted by Cate School, USA, on 19 April at 8:30pm. Delegates went on with a mind of zeal and vigor to participate in this global event consisting of 24 schools from 10 countries. The conference was about "Immigration in a **Global Context"**, where participants were initially introduced to the concept by the host school from an American perspective. The key terms of Immigration, Migration and Refugee were described in detail to get a deeper understanding of the idea as a whole. Students also immersed into the history of American Immigration, which started out as a very one-sided act, but later on developed into a more inclusive opportunity. After a brief introduction of the aforementioned topics, delegates were then divided into breakout groups for a more personal and heavier conversation. As a group, students tackled very thought provoking questions about Immigration by mentioning their own stories and also discussing on current issues. By the end of the breakout rooms, all the participants had reached the consensus of Immigration becoming a human right, but with better implementation of its policies throughout the world. Finally every team expressed their gratitude towards the host school and Round Square, having had meaningful conversations, thoughtful ideas, a whole new take on the topic and obviously making new friendships.





# Daly College, Indore (All India Inter School Debates and Quiz)

## "Be good, do good, think good", rightly said by the Chief Guest Mr. Utpal Chatterjee in his Closing Ceremony Speech.

A team of six students - Divya Vishnoi and Jaya Sankhla participated in the Padmashree JK Kate Memorial Hindi Debate, Varalika Sharma and Ira Bishnoi in the DF Jack Memorial English Debate and Suhani Baheti and Nehal Gehlot participated in the PG Miller Memorial Quiz - 2023 organized by Daly College, Indore on 19th & 20th April 2023. A total of 14 schools participated: Pinegrove School Solan, Scindia Kanya Vidyalya Gwalior, Daly College Indore, The Sanskar Valley Bhopal, Mayo College Girls' School Ajmer, Mayo College Ajmer, Mody School Laxmangarh, The Emerald Heights' International School Indore, Sunbeam School Varuna, Sunbeam School Lahartara, The Doon School Dehradun, The Scindia School Gwalior, Welham Girls' School Dehradun and Rajmata Krishna Kumari Girls' Public School, Jodhpur.

In the preliminary round of the Hindi Debate, the motion was "Desh ki pragati keval yuvaon pe nirbhar hai". The Hindi debaters were able to showcase their skills and as a result qualified for the quarter finals. The motion for the quarter finals was "Is sadan ka manna hai ki G20 ki aadhykshta ke madhyam se bharat naam vyavastha ka netratav karenge". They went against Pinegrove School Dharampur and successfully made their way into the next round. The motion for the semi finals was "Manna hai ki achha bura kuch nahi hota sab kuch paristithyon par nirbhar karta hai". The delegates debated against Emerald Heights International School Indore.

The English Debaters qualified the Preliminary Round and entered the Quarter Finals. In the Preliminary Round they debated in the Turncoat Modified format in which Varalika spoke FOR the motion, whereas Ira spoke AGAINST the motion. Next in the Quarter Finals, they debated against 'The Sanskar Valley School', Bhopal and the topic was 'The only way to tackle the water shortage in India is to make Rain Water Harvesting compulsory for buildings', and RKK girls spoke as a team FOR the motion. After qualifying the quarter finals, girls spoke AGAINST the motion on 'Nepotism in the long run does not give any unfair advantage'. They debated with Welham Girls' School and reached the finals and debated with the host team on the topic, 'Developing Nations must not have the same responsibility to tackle global warming as developed nations'. They spoke against the motion. It was an enriching experience. The following prizes were bagged in the All India Inter School DF Jack Memorial English Debate:

• First Runner up Overall Individual: Varalika Sharma

• English Debate Runner Up : **RKK** 

• Best Speaker, Semi-Finals: Varalika Sharma

• First Runner Up Finals: Varalika Sharma

• First Runner Up : Quarter Finals: Varalika Sharma





## Inter Cultural Exchange Program (Sending) with Scindia Kanya Vidyalaya, Gwalior (Madhya Pradesh)

#### "A nation's culture resides in the soul of it's people"

On 15th April 2023, a group of 9 students - Padamshri Deora, Ridhima Singh, Harshita Bhati, Yashna Parashar, Nivedita Vashistha, Himadri Kaushik, Manasvi Sankhla, Khwahish Parihar and Khushi Jain with their Escort Teacher Lata Bhati went to Scindia Kanya Vidyalaya, Gwalior (Madhya Pradesh) for Inter Cultural Exchange Program from 15th to 24th April 2023.

RKK delegates were warmly welcomed by the students and staff of SKV. Coming days were filled with various activities like Sculpture, Swimming, Football and Cricket Matches, dance and many more which gave students a chance to interact with SKVians. Tapovan track offered the view of picturesque sight which were indeed a blissful sight for all. The team visited places like historic Gwalior Fort, Jai Vilas Palace, Saas Bahu temple and Gurudwara. Everyone was very excited to shop at Mrignayni, Db Mall and explored the local market of Gwalior. They also got an opportunity to learn and make Madhya Pradeshi cuisine and eco brick. Meeting the Humanoid Robot SASHA was totally new experience for them. Another amazing activity was night Sky Telescope Viewing activity. The Educational trip was completed by the Principal's Dinner and DJ. It was indeed a memorable and enriching experience for the students.







# IAYP National Training Workshop at Mumbai (Teachers' Workshop)

International Award for Young People (IAYP) National Training Workshop was held at YMCA, Mumbai from 19th to 22nd April 2023. Mrs. Indra Shaktawat, the Dean of Activities and Dr Sita Kumari, Physical Education Teacher attended this training workshop. The workshop aimed to provide training and support to young people to discover their potential, find their purpose, passion and place in the world through the non-formal education framework of the Duke of Edinburgh's International Award. It allowed participants to gain in-depth knowledge and understanding of the IAYP program. The Training Sessions were conducted by Mr Bivujit Mukhoty, India-Head of IAYP and an experienced trainer and has been associated with the IAYP for several years. His expertise and knowledge were invaluable to the participants.

The workshop covered various aspects of the IAYP program, including the three levels of the award - Gold, Silver and Bronze, detailed sessions on the five pillars of the program - Physical Recreation, Skill, Service, Adventurous Journey and Gold Residential work.

The training also included information on how to set up an IAYP unit in a school or organization, including the registration process, planning and implementing activities, and managing and recording participant progress. Participants were provided with practical examples and case studies of successful IAYP programs. The National Training Workshop on IAYP was great success, providing valuable knowledge and training to all participants. The content was well-structured, informative and practical. The participants were able to gain a good understanding of the IAYP program, and the certificate provided a recognition of their learning with an expectation that the participants will be able to take their learning back to their respective schools and implement the IAYP program effectively.





## Inter Cultural Exchange Program (Sending) with Maa Anandmayee Memorial School, Raiwala (Dehradun)

Under the AFS Exchange Program, a team of 13 students from Classes VII and VIII - Avisha Bhansali, Saloni Lodha, Anaisha Rathi, Ashmi Singhvi, Pearl Singhvi, Esha Thadani, Arna Hiran, Riddhi Rao, Juana Makhijani, Anya Bhargava, Shanaya Jain, Shrishti Jain Naisha Jain and teacher escort Ma'am Asha Bajpai went to Maa Anandmai Memorial School, Raiwala from 20th to 28th April 2023 for a 7 day program. On reaching there on 21st they were warmly welcomed by the Director and the Principal of the school. After a little rest, they were taken for School tour followed by a visit to Army Cantt where they tried their hands in Archery and Polo. Next day the team was taken to Dehradun to visit Drinkung Kagyu institute and Songsten library where they were welcomed by the Director of that place who gave them a lot of information about Tibetan culture, literature and philosophy. Next they enjoyed at Sehestradhara, the sulphur springs which was then followed by yet another adventurous place named Robber's Cave popularly called Gucchupani among local people. Next day students were taken to the village to understand the local vegetation and agriculture. In the afternoon all went for Jungle Safari and were excited to see many elephants, deer and peacocks. They also visited Basanti Mata temple.

The following day took them to Teerthnagri Rishikesh where they trekked for about 45 minutes to reach Neergaddu waterfall, splashed in the fresh springs and enjoyed a lot. After that, the delegation saw Ram Jhula and attended Arti at the Parmarth Niketan and also got an opportunity to have an interaction with Swami Chidanand ji. Next day they visited Haridwar to see Bharat Mata mandir, Daksha Prajapat mandir and finally reached at Har-ki-podi, the much awaited place to see. The place was totally Gangamai and some of them dipped themselves in the holy water of Ganga and attended Ganga Arti. Moti Bazaar, the local market was explored. Next day, once again Dehradun was visited to see Indian Military Academy where they were explained the working culture of the place. Forest Research Centre was their next destination, a place famous for shooting of Bollywood movies. Lacchiwali Nature Park was the last outing over there. Hundreds of pics were clicked to keep the memories alive during their trip.

Beside these outings, the team was also given some session of dance, music, pottery making and painting. RKKians also presented Ghoomar dance there and were given Caps, Memento and Certificates during the formal send off. All in all, it was an enriching experience to go to MAMS Raiwala and get a lot of exposure.





## IPSC Workshop on Implementation of NEP (Teachers' Workshop)

A workshop on the National Education Policy (NEP) was held on **22nd April 2023 at India Habitat Centre, Delhi,** specifically for Principals, Vice Principals, and Coordinators of IPSC Schools. The workshop was aimed at giving insights into the changes coming in the education system of the country. The workshop was attended by MRS Seema Baxi, Dean Academics – Seniors and Mrs Neeta Johari, dean Academics - Primary.

The workshop was led by high officials of the Central Board of Secondary Education (CBSE), who provided finer details about the changes that are coming under the new National Education Policy. The officials who addressed the audience included Mr Anurag Tripathi, Secretary CBSE, Dr Joseph Emanuel, Director Academics at CBSE, Dr Manoj Srivastava, Director Special Exams, Dr Ram Shankar, Director Training, and JK Yadav, Director CTET.

During the workshop, the officials discussed various changes and initiatives that have been taken under the new NEP. The topics discussed included the new academic structure, flexibility in choosing subjects, teaching methods, and assessments. The officials also discussed the changes that are being made to make education more inclusive, accessible, and relevant to the needs of the present times.

The workshop ended with a Q&A session by Mr Anurag Tripathi, which clarified a lot of queries of the audience. The session was interactive, and the officials answered various questions related to the changes and initiatives that are being taken under the new NEP.





# The British Overseas School, Pakistan (RS Zoom Postcard)

### "Truth is our utmost expression, and we should rightly redeem it"

An interactive RS Zoom Postcard Call from The British Overseas School, Pakistan took place on 26th April 2023. The team comprised 6 students - Kulgaurvi Chouhan, Dhruvi Garg, Jitika Singh, Sunehari, Suhani and Kimaya Parihar with their Student Incharge Pankhuri Sharma. The topic basically revolved around "Ways to speak your truth", where participants had prepared a collage based on the expressions and truths. After joining the call, participants had a brief introduction to the theme. Thereafter, they were separated into baraza groups and had detailed conversation regarding truth. Later they were sent back into the main session and one of the group leaders briefed about their conclusion. Overall, it was an enthusiastic and interesting postcard, which enlightened the students a lot and even provided suggestions to prevent anxiety. Overall it was a wonderful experience for all.







## 'Global Youth Service Day' (GYSD) - Celebrating the Active Global Citizens (under the aegis of AFS India)

"When women are educated, their countries become stronger and more prosperous." - Michelle Obama

EDUCATING THE GIRL CHILD: On 27th April (Thursday) 2023, the students of Hamara Prayaas Club took the initiative of educating children of the support staff in our school. The RKK girls first made them comfortable, introduced themselves and took the introduction of these little children. After having a fun-filled interaction with them, RKK's girls started teaching them the basics – A, B, C in English & the tables in Maths. The children were very much happy on being the receiving end of education. They were already very much familiar with a few concepts and were also very interactive throughout. After teaching them for a while, our collection of few old school books & old clothes were distributed to the children by the participants of our Hamara Prayaas Club. Followed by which, they also had breakfast in school. The happy & satisfied children also received chocolates from respected Principal Ma'am – Mrs. Neera Singh. On being asked, the little children said that they had a great time here and would love to come to the school again.

"The best way to find yourself is to lose yourself in the service of others." - Mahatma Gandhi

HAMARA PRAYAAS — VISIT TO WOMEN'S CENTRAL JAIL, JODHPUR: On 27th April (Thursday) 2023, the students of 'Hamara Prayaas Club' along with their activity teacher — Miss Amba Singh Jhabua Ma'am went to Women's Central Jail, Jodhpur for the dispensing of Sanitary Napkins to the inmates over there. Our visit was very well-planned and well-executed. We started with two of our students first giving a brief introduction about the initiative, who initiated it and the significance of the initiative. This was done to provide awareness about the initiative. Followed by which, a 'Nukkad Natak' was performed by our girls throwing more light on the stigma attached to menstrual hygiene. The skit was received by a lot of cheer among the crowd. After which, the distribution of the Sanitary Napkins to the women jail inmates was done by our students. The Community Service was also done under the aegis of AFS India, keeping in mind the 'Global Youth Service Day' (GYSD). In the Women's Central Jail, we were accompanied by three escort teachers — Asha Kachhawaha, Deepmala Bhandari & Meenakshi Jain. The whole session was very well received by everyone over there. They very much appreciated the efforts put in by the students and considered the service as something very inspirational and motivational.



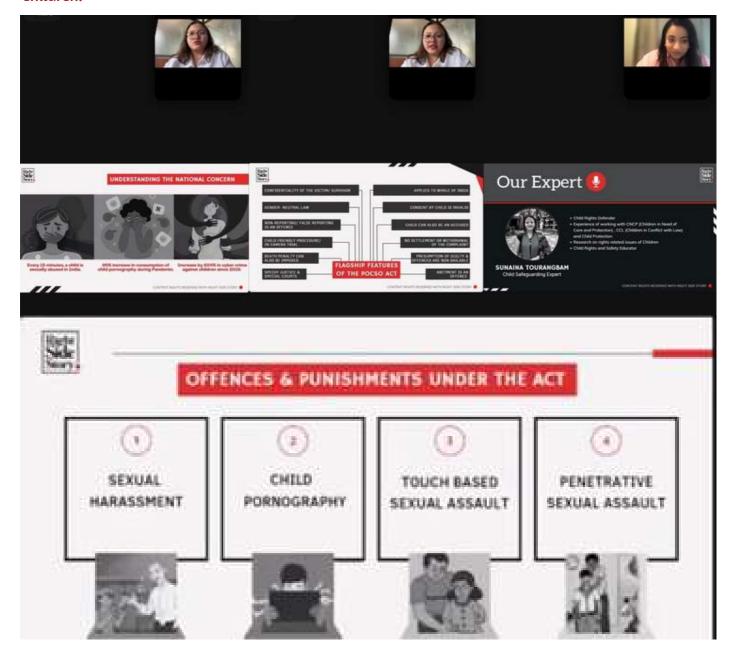




### Teachers' Workshop on POCSO (Virtual)

A very informative and Interactive Session on POCSO held on **28th April on Zoom platform** from 3:30 to 6: 00 pm was attended by Mrs Seema Baxi, Mrs Sapna Gupta, Mrs Neeta Johari, Mrs Indra Shaktawat, Deans of RKK and Ms Aashna Jain School Counsellor. It was very well conducted by Right Side Story curated by the dedicated team of Child Psychologists & Legal experts.

Their presentation covered all the Acts of POCSO in detail. The session was very informative and eye opening. The facilitators were highly effective in delivering the objectives of the session. They work in the space of Child Safeguarding through their digital and on-ground training and aim to help & support educational institutions to fight abuse against children. It was an effort to make school safer for children providing professional Legal Literacy & Child Safety Trainings to Schools for a LARGER IMPACT, creating AWARENESS on the Child Sexual Abuse, its causes to understand child safety concepts, equipping Key Stakeholders on CSA PREVENTION to create "culture of safety" for Children.





### Inter-House Challenge Quiz Competition

RKKGPS conducted the Inter-House Challenge Quiz competition to test the Science and Social Science skills of students from Classes VI to VIII on **28th April 2023** in the New Library. The competition aimed to provide a platform to students to showcase their knowledge and intellect and to foster healthy competition among them. The participants from 4 Houses were:

#### **SRI AMBIKA HOUSE:**

Aadya Deedwania – VI A Kamakshi Ranawat – VII B Naavya Rathi – VIII C

#### **SRI DURGA HOUSE:**

Saanvi Agarwal – VI A Shaambhavi Gulecha – VII A Pankhuri Sharma – VIII A

#### **SRI BHAWANI HOUSE:**

Vaanya Mehta – VI A Hitanshi Jain – VII A Samaira Dias – VIII B

#### **SRI SHAKTI HOUSE:**

Siyona Mehta — VI A Nishika Kumbhat — VII A Pearl Tak — VIII C

The quiz competition consisted of multiple rounds, such as Connecting the Dots, Geography Buzz, Supernova, Guessing Guns, Fast and Furious, etc. Each round tested the students' knowledge in Geography, History, Civics, Chemistry, Biology, Physics, etc. The competition witnessed enthusiastic participation from all four houses - Sri Bhawani, Sri Shakti, Sri Durga and Sri Ambika House. The teachers of the Science and Social Science departments were instrumental in organizing the quiz competition. The competition was a great success, and the students showed exceptional performance and knowledge throughout the rounds. The quiz competition helped to enhance the students' knowledge and critical thinking abilities.

#### **Overall House Wise Position were:**

1st Position: Sri Bhawani House 2nd Position: Sri Durga House

3rd Position: Sri Shakti & Sri Ambika House





## Session for Teachers on Mental Health of Adolescence

Teenage: An age of confusion or enlightenment?

We've all wondered about teenage being the most fascinating of all the stages due to the many changes an individual goes through and its effects on teenagers' overall personality and life. A session for teachers was taken by the **School Counsellor**, **Ms. Aashna Jain**, **on the Mental Health of Adolescents on the 29th April 2023.** The session aimed at making teachers aware of the basic signs and symptoms of different disorders related to a child's mental health, providing primary-level support, and being able to refer the child for professional help, if need be. It didn't aim to teach the teachers how to diagnose or treat any mental illness but to keep a check on the warning signs.

A powerful video was shown that showcased how many teenagers do not report the fact that they are going through a hard time and therefore, refrain from seeking help. Stating the WHO statistics, she stressed that depression, anxiety, and behavioral disorders are among the leading causes of illness and disability among adolescents and Gen Z is more prone to developing a mental illness due to lifestyle changes, exposure to media, and many other reasons but they are the most receptive of all generations, and if guided in the right direction, they can do wonders and succeed with vibrant colours.

She then continued by stating the 4 D's that help distinguish mental distress from a mental illness and how it's important to not label anyone. She discussed the warning signs and symptoms of some common mental health disorders like depression, anxiety, stress, ADHD, and SLDs. The teachers were advised to keep a check on every student for the warning signs that manifest themselves in physical, emotional, social, or cognitive ways and also identify the red flags like self-harming behaviours and report them on a priority basis. They were asked to keep the golden rule of "Early Identification for Early Intervention" in mind and were given tips to handle a child who appears to be experiencing mental distress like remaining calm, listening without judgment, building trust, and adopting OLA (Observing, Listen and Act/Ask), etc.

The session ended with situation-based questions that were directed toward the teachers and they shared their best practices in the class and how they dealt with some students in their own creative and thoughtful ways. In the end, they were advised to always take care of themselves first to take care of others because ultimately happy students are made by happy teachers.





## Rashtriya Indian Military College, Dehradun (Inter School Hugh Catchpole English Debates 2023)

Three delegates from grade XII namely, Aadyaa Vivek, Stuti Arya, and Suhani Baheti, accompanied by the Teacher Escort Mrs. Reshma Bhattacherjee, left the portals of RKK on the 25th of April and reached the wooded, grassy and extremely beautiful campus of RIMC that offered a breath of fresh air, on 26th April. All of us were in a determined, steady yet calm mindset, ready to represent our school in the All-India Hugh Catchpole English Debate 2023, hosted by the Rashtriya Indian Military College, Dehradun from 27th to 29th April 2023.

After a day's rest, we went on to have our debates the next day. There were a total of 16 schools out of which 5 were outstation, whilst others were reputed schools of Dehradun like The Doon School, Welham Girls, The Asian School, and so on. We had our Preliminary round against Unison World School, where we were in opposition to the topic: 'THBT blended learning facilitates plagiarism rather than critical thinking'. We won the debate and made it to the quarter-finals, where we defeated the Vasant Valley School, Delhi with us being in the proposition for the motion: 'THBT we must choose highly qualified politicians to be our leaders'. We thereby cemented our place in the Semi-Finals as one of the eight out of sixteen participating schools.

Both the Prelims and Quarter-finals had extra rounds for the schools that could not make it on the first try, and it is a matter of honour and pride that we made both on the first attempt.

The same day we had the Semi-finals against The Asian School on a very controversial yet amusing topic: 'THBT to ensure greater peace in Indian families, husbands must become home-makers'. Our stance was appreciated but we could not make it to the finals. The constant debating taught us the art of spontaneity and the significance of genuinely, deeply listening and reflecting on other people's words. We learnt the art of prompt rebuttals and strategizing content.

The trophy was bagged by The Doon International School. The Runners-Up school were The Asian School, followed by Welham Girls. The Doon School, ranked fourth. With content hearts of greatly learning from the entire experience and making wonderful memories with the other schools and of course the first girl cadets of RIMC, we set back to our home, Jodhpur on the 29th of April.





## Sardar Doon Public School, Jodhpur (Inter school English Debate Competition)

"We are not going in circles we are going upwards, the path is a spiral; we have already climbed multiple steps" - Keeping these words by Gautam Buddha in mind.

On the morning of **29th April 2023**, a team of two students participated in an English Debate held by Sardar Doon Public School, Jodhpur. The participating schools were- Saint Patrick's Vidhya Bhava, Mayoor Chaupasni School, Happy Hours School, Saint Anne's, Sardar Doon Public Schoo, Mahaveer Public School, Lucky International School, Army Public School and Rajmata Krishna Kumari Girls' Public School. *Team RKK consisted of Sheetal Johari and Mehayee Kavia with Mrs Sapna Gupta*. Students gave their best but unfortunately, didn't win. The first position was backed by Sardar Doon Public School, Saint Patrick's Vidhya Bhavan came second, Army Public School took home the Exceptional Speaker's Trophy and Consolation Prize was given to Happy Hours School. Maya Angelou rightly said, "Courage allows the successful woman to fail and learn powerful lessons from the failure. So that in the end she didn't fail at all" and what the participants gained were powerful lessons that are surely unforgettable.







## 4th Inter House Swimming Championship (Sub Juniors)

Date: 29th April 2023

**Overall House Position were:** 

**First Position:** Sri Shakti House with 4 Gold 1 Silver 1 Bronze Medal, Total 05 Points **Second Position:** Sri Ambika House with 2 Gold 2 Silver 01 Bronze Medal, Total 03 Points

Third Position: Sri Bhawani House with 02 Silver 04 Bronze Medal, Total 02 Points

Fourth Position: Sri Durga House 01 Points, Total 01 Point

#### **INDIVIDUAL EVENT: Results-**

#### Free Style 25 M:

Aadrika Kothari of Class V B from Sri Shakti House won Gold Medal Anjalkuvar Rathod of Class V C from Sri Ambika House won Silver Medal Venika Jain of Class V B from Sri Bhawani House won Bronze Medal

#### Kick Board 25 M:

Anjalkuvar Rathod of Class V C from Sri Ambika House won Gold Medal Riddhi Kackar of Class V C from Sri Bhawani House won Silver Medal Kiara Goyal of Class V A from Sri Durga House won Bronze Medal

### Free Style 20 M:

Aadrika Kothari of Class V B from Sri Shakti House won Gold Medal Kashui Jain of Class V D from Sri Ambika House won Silver Medal Anahita Mishra of Class IV A from Sri Bhawani House won Bronze Medal **Kick Board 20 M:** 

## Dhwani Verma of Class V C from Sri Durga House won Gold Medal

Preet Parashar of Class V A from Sri Shakti House won Silver Medal Trisha Gopa of Class V D from Sri Shakti House won Bronze Medal

#### Free Style 15 M:

Vaanya Mutha of Class V B from Sri Bhawani House won Gold Medal Manyay Gulecha of Class IV C from Sri Bhawani House won Silver Medal Avika Singhvi of Class V A from Sri Bhawani House won Bronze Medal **Kick Board 15 M (Swallow Side):** 

Mahi Mehta of Class IV D from Sri Ambika House won Gold Medal, Gia Kumbhat of Class IV B form Sri Durga House won Silver Medal, Siya Rao of Class IV C from Sri Bhawani House won Bronze Medal.

#### Relay Kick Board 25 M: First Position Sri Shakti House

#### Participants were:

Aadrika Kothari Class V B Veronica Singh Bhati Class V B Trisha Gopa Class V D Preet Parashar Class V A Second Position Sri Durga House Third Position Sri Ambika House



#### **Best Swimmer:-**

Aadrika Kothari of Class V B from Sri Shakti House Best Swimmer of this event with 2 individual Gold Medals.



### **Inter House Tennis Competition - Juniors**

Event Date: 29th April 2023

#### **Overall House Positions were:**

1st Position - Sri Durga House

2nd Position - Sri Ambika House

3rd Position - Sri Bhawani House

4th Position - Sri Shakti House

Best Player - Darshamini Singh of Class VII A from Sri Durga House

#### **Result - Team Event**

#### 1st Position Sri Durga House

- Darshamini Singh VII A
- Charvee Sankhla VIII B
- Pankhuri Sharma VIII A

#### 2nd Position Sri Ambika House

- Pushti Jaju VI A
- Kanishka Rathore VI B
- Rudrakshi Nathawat VIII B

#### 3rd Position Sri Bhawani House

- Pawani Mehta V D
- Vidisha Kothari VI D
- Gurbani Momi VI D

#### Result - Individuals

- 1st Position Darshamini Singh VII A from Sri Durga House
- 2nd Position Charvee Sankhla VIII B from Sri Durga House
- 3rd Position Kanishka Rathore VI B from Sri Ambika House





### 5th Inter-House Squash Tournament - Seniors

Event Date: 29th April 2023

There were knockout round draw of sixteen in individuals followed by four students from each house participating in team event.

#### In the Seniors Individual knockout round:

1st Position was bagged by Chhavi Saran of Class IX-A from Sri Shakti House 2nd Position was bagged by Virika Mehta of Class X-C from Sri Bhawani House 3rd Position was bagged by Toran Solanki of Class X-A from Sri Bhawani House

Best Promising Player was Kavya Rathi of Class X-C from Sri Shakti House.

#### In the team event the House Position were:

1st Position : Sri Shakti House 2nd Position : Sri Bhawani House 3rd Positiun : Sri Durga House

#### The Member of the winning Team Sri Shakti House were:

1. Chhavi Saran of Class IX-A

2. Deetya Vangani of Class X-A

3. Aarohi Bhattacherjee Class IX-B

4. KavyaRathi of Class X-C





### 4th Inter House Shooting Championship - Juniors

Date: 29th April 2023

#### **Overall House-Wise Positions Were:**

1st Position - Sri Bhawani House

2nd Position - Sri Shakti House

3rd Position - Sri Ambika House

4th Position - Sri Durga House

Best Player - Auni Yadau VIII-B from Sri Shakti House 180/200

#### Final Results:

### 1s Position-Sri Bhawani House - Total Score 840/1000

- 1. Tejaswini Sodha VIII-D (171/200)
- 2. Kamakshi Ranawat VIII- A (173/200)
- 3. Pragati Choudhary VIII-B (176/200)
- 4. Ashmi Singhui VII-D (169/200)
- 5. Ambikeshwari Rathore VIII-C (151/200)

#### 2nd Position - Sri Shakti House - Total Score 771/1000

- 1. Fiorella Singh VII-C (172/200)
- 2. Yashashui Jodha VI-B (149/200)
- 3. Katyayani Kumari VII-B (148/200)
- 4. Yashika Rathi VIII-B (122/200)
- 5. Auni Yadau VIII-B (180/200)

#### 3rd Position - Sri Ambika House - Total Score 714/1000

- 1. Anmol Singh Chauhan VII-C (131/200)
- 2. Kamakshi Singh VII-B (168/200)
- 3. Janhavi Bherwani VII-D (149/200)
- 4. Himshika Purohit VIII-D (151/200)
- 5. Kanishka Rathore VI-B (115/200)





### Squash Xtreme Junior Open

Squash Xtreme Junior Open

Under Squash Racket Federation of India.

Event Type – 2 - Star National Circuit

Venue - Major Dhyan Chand Stadium New Delhi

Date - 2nd to 5th April 2023

Rkk Squash Coach Mr. Vijay Singh Parihar

Results - Girls' Under - 15 (Category)

Chhavi Saran of Class IX-A reached finals and secured 1st Position.



## 3rd All India Brahmaputra Open

3rd All India Brahmaputra Open

Under Squash Racket Federation of India.

Event Type - 3 - Star National Circuit

Venue – R.G. Baruah Sports Complex Ulubari Guwahati

Date - 7th to 9th April 2023

RKK Squash Coach - Mr Vijay Singh Parihar

**Results:** 

Girls' Under – 15 (Category)

Chhavi Saran of Class IX-A reached Quarter Final and secured 6th Position

Girls' Under – 17 (Category)

Yashi Jain of Class XI-C reached Semi Finals and secured 4th Position





## Inter House Squash Tournament for Juniors

Date - 15th and 17th April 2023

#### In the Juniors Individual Knockout Round:

1st Position was Bagged by Priyanshi Mewara of Class VIII-D from Sri Shakti House. 2nd Position was Bagged by Aaditri Bhattacherjee of Class VII-A from Sri Durga House 3rd Position was Bagged by Lavanya Singh Deora of Class VI-A from Sri Shakti House

Best Promising Player was Himadri Rajawat of Class of class VI-B from Sri Ambika House.

#### In the Team Event the House Position were:

1st Position Sri Shakti House 2nd Position Sri Bhawani House 3rd Position Sri Ambika House

#### The Member of the winning House were:

- 1. Priyanshi Mewara of Class VIII-D
- 2. Lavanya Singh Deora of Class VI-A
- 3. Anya Bhargava of Class VII-A
- 4. Adhishree Bhati of Class VI-C

#### **Overall House Positions were:**

1st Position: Sri Shakti House Total 12 = 05 Points 2nd Position: Sri Bhawani House Total 03 = 03 Points 2nd Position: Sri Durga House Total 03 = 03 Points 3rd Position: Sri Ambika House Total 02 = 02 Points





## 2nd Emerald Heights Cup, Squash Championship

Under Squash Racket Federation of India.

Event Type - 3 - Star National Circuit

Venue – The Emerald Heights' International School, Indore.

Date - 20th to 23rd April 2023

Rkk Squash Coach - Mr Vijay Singh Parihar

#### Results:

#### Girls' Under – 15 (Category)

Chhavi Saran of Class IX-A Reached Quarter Final and secured 7th Position

## Girls' Under - 17 (Category)

Yashi Jain of Class XI-C Reached Semi Finals and secured 4th Position





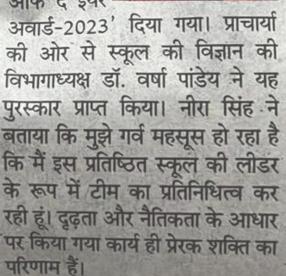
## Mrs Neera Singh (Principal of The Year - 2023)

It is no secret that education has the potential to write and rewrite the destiny of generations. This responsibility is shouldered by no one in particular and simultaneously by all working in the field of education. Amidst the thousands of educators, a few shine brighter and become a beacon of inspiration, a benchmark that other educators strive to equal. One such beacon of inspiring and guiding light is our Principal, Mrs Neera Singh who has been awarded by Universal Mentors Association (Brainwonders) with India's Most Prestigious Recognition for School Principals - the 'Principal of The Year 2023'. RKK salutes the spirited & phenomenal leader of our school in the forefront of modern education. **Congratulations RKK...** Congratulations Neera Ma'am.



सिटी रिपोर्टर, शिक्षा क्षेत्र में किए गए कुशल नेतृत्व के आधार पर राजमाता कृष्णा कुमारी गर्ल्स पब्लिक स्कूल की प्रिंसिपल नीरा सिंह को इंदौर में

युनिवर्सल मेंटर्स एसोसिएशन (ब्रेनवंडर्स) की ओर से आयोजित सम्मान समारोह में 'प्रिसिंपल ऑफ द ईयर



## **ा नीरा सिंह प्रिंसिपल ऑफ द ईयर** के अवार्ड से सम्मानित

कृष्णा कुमारी गर्ल्स पब्लिक स्कूल को प्राप्त किया। यह अवार्ड जोधपुर की प्राचार्या नीरा सिंह को प्राचार्या को शिक्षा क्षेत्र में किए गए इंदौर में यूनिवर्सल मेंटर्स एसोसिएशन की ओर से आयोजित गया है। प्राचार्या नीरा सिंह ने सम्मान समारोह में प्रतिष्ठित राजपरिवार, स्कूल के प्रशासनिक 'प्रिसिंपल ऑफ द ईयर अवार्ड-2023' दिया गया। प्राचार्या की अध्यापकों, कर्मचारियों ओर से स्कूल की विज्ञान की

पत्रिका @ जोधपुर. राजमाता विभागाध्यक्ष डॉ. वर्षा पाण्डेय ने कुशल नेतृत्व के आधार पर दिया अधिकारी, छात्राओं, परिजनों.

